# NEIGHBORHOOD INVOLVEMENT PROGRAM SEX EDUCATOR, SEX COUNSELOR, AND SEX THERAPIST SEXUALITY TRAINING PROGRAM

## **SUMMARY**

The Sexuality Training Program is designed for professionals or advanced graduate students seeking training in the area of human sexuality. The Sexuality Training Program is designed to meet the requirements for the American Association of Sex Educators, Counselors and Therapist (AASECT) credentials on any of the three training levels (Educator, Counselor and Therapist). Please review the AASECT.ORG website to see which credential is best for you, and the requirements for each credential. Please note that each candidate is responsible for meeting the credentialing criteria, independent of N.I.P. The training occurs over a 12-month period with a September start date.

# EDUCATION REQUIREMENTS (180 hrs)

- For all levels of certification, 90 hours of education addressing AASECT content areas.
- For individuals seeking the Sex Therapist Certification, an additional 60 hours in sex therapy training.
- All candidates are required to complete a MN Coalition Against Sexual Assault (MnCASA) designed 30-hour advocacy curriculum.
- Independent of NIP, candidates will still complete a SAR-like 10 hour experiential workshop. Check AASECT.org for available experiential workshops.

### PRACTICUM EXPERIENCE

The candidate will complete a minimum of 250 hours of supervised clinical treatment of clients who present with sexual concerns. These are contact/direct service hours.

### SUPERVERSION REQUIREMENTS.

The candidate will complete a minimum 50 hours of 1:1 supervision by an AASECT certified supervisor or equivalent. A supervision contract will be completed per MN Rule 47 and AASECT requirements.

#### **FEES**

The 2013 fees for the four components of the training program are:

- General Sexuality Education \$3000 (Wednesday) (90 classroom hours/ equiv 6 qtr credits)
- Sex Therapy Education \$2000 (Thursday) (60 classroom hours / equiv 4 qtr credits)
- RSAC Training FREE (contact NIP for schedule) (30+ classroom hours/ equiv 2 qtr credits)
- Clinical Supervision \$6000 (1:1 individual supervision, 50 hours -year long)

Candidates can pay for the training fees in two ways.

- 1) Volunteer: In place of paying training fees, candidates can volunteer 20 hours per week at NIP for a 12-month commitment. The candidate will see clients according to NIP training policies and procedures. Fees collected during this time go to NIP to cover the cost of the program.
- 2) Tuition: Candidates pay the tuition fees for the training program. For individuals paying tuition, you do not need to volunteer at NIP. You may complete your hours at another location or practice under the clinical supervision of the NIP/STP clinical supervisor.

## STRUCTURE OF THE PROGRAM

If you are volunteering, NIP has an existing internship/practicum/professional training program. The Sexuality Training Program will follow ALL of the training requirements as currently defined in the current NIP training program including, but not limited to documentation, attendance, productivity, supervision contracts, etc. The design of the NIP Sexuality Training Program is considered a specialty program within the existing training program.

If you elect to pay tuition (in lieu of volunteering), we will work with you on a case-by-case basis to structure your practicum/clinical aspect of training consistent with your goals.

To meet the AASECT educational requirements, candidates will need to complete additional training beyond the typical NIP training program. (Previous coursework will not be accepted in lieu of the education requirements.) Individuals seeking only the Sex Educator or Sex Counselor training are required to attend General Sexuality Education weekly workshop. We will work with these candidates to develop an individualized training program to complete the necessary specialty requirements. Individuals seeking Sex Therapist credential must attend two weekly trainings designed to meet the requirements.

# **ATTENDENCE**

Candidates in the program MUST attend all workshops. Please do not apply to the program if you cannot attend the workshops, or you have conflicts with the schedule. Adjustments to the schedule are not possible. Failure to attend the required training may result in a variety of consequences, including failure to meet AASECT criteria and up to and including removal from the Sexuality Training Program.

Candidates seeking only clinical supervision are reviewed on a case-by-case basis.

#### TO APPLY

Submit a letter of interest and curriculum vitae to:

Amanda C. Richards, MA, LPCC, LADC, MT-BC Director of Mental Health Neighborhood Involvement Program 2431 Hennepin Avenue South Minneapolis, MN 55405 Arichards@neighborhoodinvolve.org

Specify that you are seeking admission to the Sexuality Training Program. The first program begins 9/1/13