

# TWO SPIRIT GROUP

**STARTING November 14th**

**1:00-4:00pm**

**Room 118**

MIWRC's Two Spirit Support program offers culturally grounded group and individual services to foster the mental, emotional, and spiritual wellbeing and resilience of American Indian Two Spirit/Native LGBTQ people.

- Weekly Two Spirit/Native LGBTQ Group Meeting
- Individual Case Management
- Traditional Teachings & Healing Support
- Clinical Mental Health Services
- Holistic Health Practices
- Cultural Recreational & Education Activities
- Weekly Individual and Group Services

**Contacts: Chris: 612-728-2000 Kim: [kpoitra@miwrc.org](mailto:kpoitra@miwrc.org)**



**Minnesota Indian Women's  
Resource Center**

2300 15th Avenue South  
Minneapolis, MN 55404  
612-728-2000

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**Contacts: Chris: 612-250-8378 Kim: [kpoitra@miwrc.org](mailto:kpoitra@miwrc.org)**



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